

**Couples for Christ**  
**Foundation for Family and Life**  
**Statement of Philosophy**

CFC-FFL adheres to a set of beliefs and ideals from which flow its Christian attitudes, values and behavior, as well as its programs, teachings and approaches to Christian renewal within the context of family relationships.

WE BELIEVE in marriage as an indissoluble institution as taught by our Lord Jesus Christ (Mt 19:6). WE BELIEVE that God created marriage primarily for love between man and woman, and for the procreation and proper rearing of children.

WE BELIEVE that God created man and wife with equal personal worth and dignity.

WE BELIEVE that God ordained order in the family by giving the man the role as head of the family and the woman as helpmate and support, which roles best express their complementarity.

WE BELIEVE in the inalienable and irreplaceable right and responsibility of parents to educate their children. WE BELIEVE that children need to be educated in essential human and Christian values for them to become responsible and mature members of society.

WE BELIEVE that the family, in practicing the gospel message, shares in the life and mission of the Church—through prayers, evangelization, and service to others, especially the poor.

WE BELIEVE that Christian family renewal can best be achieved by inviting Jesus to be the Lord of our homes, by allowing the power of the Holy Spirit to lead our family lives, and through the full use of all spiritual gifts at our disposal.